

UNIVERSITY OF OKLAHOMA  
DEPARTMENT OF HEALTH AND EXERCISE SCIENCE

· MASTER OF SCIENCE IN HEALTH & EXERCISE SCIENCE · M500 · NON-THESIS ·  
DEGREE SHEET

Name \_\_\_\_\_ ID# \_\_\_\_\_ Term Entered \_\_\_\_\_

**Minimum Number of Hours Required: 32**

**Hrs.**

**Semester/Year**

**Grade**

**Core Courses: 18 hrs.**

HES 5523 Health Promotion Strategies	3	_____ / _____	_____
HES 5553 Health Promotion Evaluation	3	_____ / _____	_____
HES 5563 Health Behavior I: Individual and Group Influences	3	_____ / _____	_____
HES 5823 Advanced Exercise Physiology	3	_____ / _____	_____
HES 5833 Advanced Exercise Physiology Laboratory	3	_____ / _____	_____
HES 5853 Health Fitness: Theory and Application	3	_____ / _____	_____

**Research Technology: 8 hrs.**

HES 5953 Research Methods in HES	3	_____ / _____	_____
HES 5963 Statistical Application in HES (or apprvd substitute)	3	_____ / _____	_____
HES 5940 Intensive Studies in Health and Exercise Science <sup>1</sup>	2	_____ / _____	_____

**Electives: 6 hrs.**

*Choose 6 hours of coursework selected in consultation with the student's advisor and committee.*

_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____
_____	_____	_____	_____ / _____	_____

<sup>1</sup>Directed Reading required in conjunction with comprehensive exam.